

## OVERHEARD

*Thank you for CLM – the sacred space created for us to re-activate our communion with Source. ‘This LIVING LIGHT of Mine, I’m going to let it SHINE!’*

Patricia Koine, MCC Toronto, founder of GLAD –  
Gays and Lesbians of African Descent

*Creating a Life That Matters was thought-provoking, emotionally significant and stretched our spiritual boundaries. We feel powerfully bonded to our leaders and classmates, and deeply committed to our continual growth and involvement in MCCT.*

Sherrill and Gary Pennington, MCC Toronto  
Adult Curriculum Development Team Members

*This class has opened me to a lot of hope for the spiritual life I’ve always imagined possible. I love getting to know our class in such an intimate way.*

Rev. Tim Riggs, MCC Portland  
Spiritual Care Staff

*Creating A Life That Matters has been and continues to be rewarding, challenging, and eye opening (with a BIG I).*

Al Reid, MCC Austin at Freedom Oaks  
Choir Member

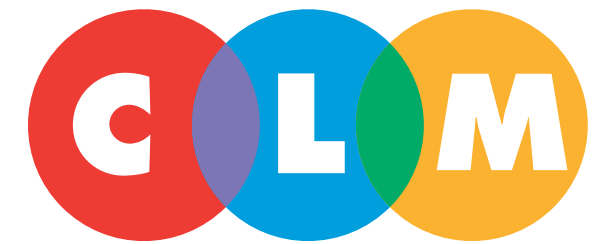
*Michelle: Creating a Life That Matters has been a dynamic way to experience all articulations of Spirit.... The people in class are a profile of religious diversity and my life has been greatly enhanced for sharing heart space with them. Amy: CLM has brought such a deep penetration from God into my heart, creating so much more of an opportunity of getting to know God, versus know of God.*

Michelle & Amy Randolph, MCC Austin at Freedom Oaks  
Actively involved in multiple church programs

Creating a Life that Matters  
is all about relationships:  
intentional, authentic,  
relationships –  
with the Sacred,  
our Selves,  
and our Passions.

CLM transforms lives  
and inspires people  
to more directed, clear,  
passionate involvement  
in their lives and  
in the life of the planet,  
through the support  
of their local MCC.

CREATING A LIFE



THAT MATTERS

*MCC's Transformational  
Spiritual Development Curriculum*

Creating a Life that Matters is a three-course curriculum which explores ways to rediscover relationship with the Sacred, with my Self, and with my Passion. These three courses correspond to the spiritual experiences of being changed, gifted and called. Graduates of Creating a Life that Matters will have been challenged to broaden their understanding of all that is Sacred; integrate their self-awareness into being authentic, aware leaders; and live their passion intentionally through the life and work of the church.

Creating a Life that Matters integrates art, scripture, music, film, journaling, and diverse spiritual resources to augment our exploration of the Christian path.



## Creating A Life That Matters

In March of 2005, Rev. Glenna Shepherd (MCC Portland) and Rev. Ken Martin (MCC Austin) flew to Toronto to join Rev. Jo Bell with the vision of creating a Core Curriculum for their local churches and beyond! Informed by Thomas Bandy's idea that every person has a Spiritual Career Path that begins with being changed, gifted, and called, Rev. Dr. Brent Hawkes (MCC Toronto) welcomed the team and challenged them to design a curriculum that would become core to our churches. The team began to create what they hoped would deeply integrate participants with their call to change the world through connection with and through the church. The team accepted the challenge and prayed that their creativity and passion would be fueled by the wisdom of Holy Spirit – which surrounded this project from that moment. After nearly a year of dedicated, creative, inspired work, the three courses within *Creating a Life that Matters* were ready to pilot in our churches.

In September of 2005, the pilot class of *Creating a Life that Matters* was launched simultaneously in Portland, Austin and Toronto. Nearly 70 participants committed to being part of this pilot, and began an amazing journey together. Rev. Dr. Kate McLennan (MCC Austin) joined Ken and Cheryl Meyer (MCC Toronto) joined Jo as co-facilitators and partners in the continuing design and editing process.

*Creating a Life that Matters* is all about relationships: intentional, authentic, relationships – with the Sacred, our Selves, and our Passions. CLM transforms lives and inspires people to more directed, clear, passionate involvement in their lives and in the life of the planet, through the support of their local MCC.

Two Train-the-Trainer sessions to certify facilitators to teach this transformational curriculum are being offered during the weeks of November 14-16, 2006 and March 6-8, 2007. We'll announce the locations as soon as we're able. For more information about *Creating a Life that Matters* and how it can inspire, deepen, and transform your church, contact us at: [www.mccchurch.org/CLM](http://www.mccchurch.org/CLM) <<http://www.mccchurch.org/CLM>>.

## Rediscovering Relationship with the Sacred

While many would agree that relationship with the Sacred is the fundamental beginning of all faith paths, this transforming experience is often lost when we exchange our spiritual vitality for empty religious practices. In these six sessions, we explore what it means to be transformed by an encounter with the Sacred, and rediscover loving God with heart, soul and mind.

The titles of the six two-hour sessions which make up this Course are:

*Bring Many Names*  
*Beyond Belief*  
*Church: The Body Eclectic*  
*Friends of God and Prophets*  
*Staying Alive*  
*Celebrating the Sacred*

## Rediscovering Relationship with My Passion

Our passions make us most aware of our personal power, energy and joy. Many internal and external factors influence how successfully we manifest these passions in our lives. In these six sessions we explore ways to manage those factors, and discover what gives us power, energy, and joy as we serve the Sacred through the church

The titles of the six two-hour sessions which make up this Course are:

*Did You Call Me?*  
*Peaks and Valleys*  
*Shadows in the Valleys*  
*Tapestry*  
*The Perfect Swing*  
*Here We Are, Send Us!*

## Rediscovering Relationship with My Self

As modern, Western people, we expend time, effort and money seeking to understand who we are. In these six sessions we explore some of the influences that have shaped us, and ways to create a self we will want to live with, others will want to relate to, and God will be able to use in the service of all that is Sacred.

The titles of the six two-hour sessions which make up this Course are:

*Brilliant, Gorgeous, Fabulous*  
*Powerful Beyond Measure*  
*Under the Waterline*  
*Keeping Body and Soul Together*  
*Good Vibrations*  
*Celebrating My Sacred Self*